

Virtual Breastfeeding Cafe

Milton Keynes 0-19 Universal Service

would like to offer you a virtual breastfeeding support café.

Thursday Mornings 10-11.00

We are here to support you along your breastfeeding journey.

If you are interested in joining us for support and an informal chat please phone 01908 725100

or email: cnw-tr.0-19adminhub.mk@nhs.net and a link will be sent to you join.

This Virtual Breastfeeding Cafe is for women who want to meet virtually and share experience of breastfeeding in this difficult time. The café is for peer support and will be tailored to your needs and facilitated by a Health Visitor trained to Baby Friendly standards.

Further support will be offered on a 1:1 basis if you have a particular challenge or question you feel unable to share with the rest of the café.

